



**Overview: Ready to Refresh Series – Youth Empowerment Conceptual Framework (YECF)**

**Why**

The goal of the Ready to Refresh Series is to provide adult allies a space to update their youth-led products while connecting with other adult allies and leaders in the field. The focus of this learning opportunity will be on reviewing and refreshing the Youth Empowerment Conceptual Framework (YECF) Poster.

**Who**

Ready to Refresh participants are part of organizations that have a completed Youth Empowerment Conceptual Framework (YECF) and Youth-Driven Strategic Plan Map (SPM). While most participants have completed the Ohio Adult Allies (OAA) Training Academy, some participants have not. Participants who have not completed the OAA Training Academy may be utilizing materials and/or knowledge transfer from a legacy individual who completed the Training Academy at some point since SFY16.

All participants applied for the training and are getting two incentives to participate: (1) 5.0 prevention CEUs for completing the series and (2) Ohio Prevention Professionals Association or Ohio Suicide Prevention Foundation membership (up to \$100.00). For more information about the association memberships, please visit: <https://www.ohiopreventionprofessionals.org/home/> <https://www.ohiospf.org/membership/>

**What, When, and Where**

Participants will engage in five one-hour sessions starting November 7, 2023 and ending January 23, 2024. The Ready to Refresh Series consists of five Virtual Learning Sessions supported by online content on google drive and five Office Hours Sessions.

**Virtual Learning Sessions**

<b>Date / Time</b>	<b>Session Topic / Homework</b>
November 7, 2023 9:00am – 10:00am	Session 1 Topic: Orientation to YECF Track / Context and Collective Participation
	Homework Part One – Update Context and Collective Participation Sections Part Two – Empowerment Theory Videos
November 21, 2023 9:00am – 10:00am	Session 2: Short Term Individual and Group Outcomes
	Homework Part One – Update Individual and Group Outcomes Sections Part Two – Read the YLP & Youth Empowerment Briefing Papers
December 5, 2023 9:00am – 10:00am	Session 3: Youth Characteristics / Adult Involvement
	Homework Part One – Update Youth Characteristics and Adult Involvement Sections Part Two – Read Journal Article by Holden et. al.
January 9, 2024 9:00am – 10:00am	Session 4: Update Group Structures & Group Climate Sections
	Homework Part One – Update Group Structure & Group Climate Part Two – Create and Prepare to Share Your Group’s Entire YECF draft
January 23, 2024 9:00am – 10:00am	Session 5: Sharing of YECF Poster Drafts

## Virtual Learning Session Structure

9:00 – 9:10	Welcome and Introductions
9:10 – 9:25	Sharing of Progress on YECF Planning Tool
9:25 – 9:50	Individual Review Of Poster & Focus for Next Session
9:50 – 10:00	Closing Thoughts

## Office Hours

To support participants in completing deliverables, we will offer five 30-minute voluntary Office Hours sessions. Office Hours sessions are designed for participants to ask questions and receive feedback on their materials. Office Hours are not designed for re-teaching content and no new content will be presented during Office Hours. Office Hours will not be recorded. Participants without questions are welcome to join Office Hours sessions to hear questions from others. However, if there are no questions after 15 minutes, Office Hours will end.

Date / Time	Connection Information
Tuesday, November 14 <sup>th</sup> 9-9:30am	Meeting URL: Meeting ID: Dial:
Tuesday, November 28 <sup>th</sup> 9-9:30am	
Tuesday, December 12 <sup>th</sup> 9-9:30am	
Tuesday, January 16 <sup>th</sup> 9-9:30am	
Tuesday, January 30 <sup>th</sup> 9-9:30am	

## How

In this model of instruction, everyone teaches, and everyone learns. Participants must be prepared to work on the deliverables weekly and share their progress with the group.

## YECF Track Deliverables

Successful completion of the YECF Track will include the submission of two deliverables:

1. Ohio Adult Allies YECF Planning Tool
2. Ohio Adult Allies YECF Poster Finalization Template

## YECF Track Deadlines

To receive the association membership incentive, YECF Track Deliverable 1 must be submitted to Aimee Collins ([collina2@ohio.edu](mailto:collina2@ohio.edu)) by Friday, February 2 at 5:00pm.

Deliverable 2 must be submitted to Aimee Collins ([collina2@ohio.edu](mailto:collina2@ohio.edu)) by Thursday, February 29 at 5:00pm.

## SPF and YECF Track Participants

Those participating in Ready to Refresh SPF and YECF tracks between August 2023 to January 2024 will receive registration for an Ohio or national conference (up to \$200.00). A list of ideas of conferences taking place between January 2024 to June 2024 may be found in the google folder. Completion of SPF Track Deliverables 1 and 2 as well as YECF Track Deliverables 1 and 2 are required to receive the conference registration incentive. Participants may submit YECF deliverables sooner than the official deadline.