

# YOUTH-LED PROGRAMS

Youth-led programs (YLP) encourage young people to actively look at their surroundings, gather information, and then address community topics that are relevant to their lives. Youth-led programs provide a platform to effectively engage youth voice and youth action, equipping young people with the knowledge, skills, and attitudes required to impact their community.

*YLP place young people, from all types of backgrounds, beliefs and experiences, into active roles to affect positive change in their community environments.*

## OUR PROCESS

Youth create community change by engaging in experiential learning with the support of adult allies.

### HOW YOUTH BENEFIT FROM YLP



**Leadership Skills**



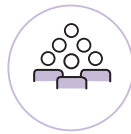
**Civic Engagement**



**Confidence**



**Collaboration Skills**



**Inclusiveness**

*“YLP helps inform and improve things (problems or roadblocks) that need attention in our school or community. Through my involvement in YLP, I feel much more comfortable talking with people. [YLP] helps me stand firm on my choices and gives me a place to learn and grow leadership skills.”*

~ Erion, Impact Prevention Youth-Led Team

### HOW COMMUNITIES BENEFIT FROM YLP



**Healthier Communities**



**Valued Youth**



**Engaged Citizens**

### YLP HAVE LASTING BENEFITS



### YLP USE EVIDENCE-BASED FRAMEWORKS

**Youth Empowerment Conceptual Framework**  
(Holden et. al., 2004)

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**Strategic Prevention Framework (SPF; SAMHSA)**

### YLP ARE SUPPORTED BY STATE ENTITIES



**Prevention Action Alliance**



For more information, go to [www.ohioadultallies.com](http://www.ohioadultallies.com)

Holden, D.J., Messeri, P., Evans, W.D., Crankshaw, E., Ben-Davies, M. (2004). Conceptualizing youth empowerment within tobacco control. *Health Education & Behavior*, 31, 548-563.

The Substance Abuse and Mental Health Services Administration (SAMHSA) of the United States Department of Health and Human Services funds the Strategic Prevention Framework State Incentive Grant (SPF SIG).